

October 2023

WELCOME FROM THE HEAD

Welcome to our first new-look newsletter. I hope that we are able to give you a flavour of life here at Magdalen - a busy, buzzing community.

The start of this academic year has been full of opportunities to talk about our school; to share the incredible fact that we are celebrating our 475th anniversary as a school, and our 50th as a co-educational comprehensive. I have been privileged to speak with parents from every year group in school, and to parents of current Year 6 students about our four priorities for the year ahead: **Connection; Behaviour; Hard Thinking, and Visible Leadership**

You can expect to see and hear more about our work in these areas as the year progresses, and we hope that future newsletters will share events from subjects, faculties, sports teams, enrichment clubs and more.

As I have said to all these audiences, to students in assemblies and to the whole staff body: 'Our school is a community of people'. If you're reading this newsletter then you are part of that community, and you are very welcome.

Tom Hollis



This year we have welcomed the addition of Colling House, the house icon is a silver birch tree. Read more in the first Student Bulletin: [CLICK HERE](#)

Hello everyone, I'm Fin the new head of the new Colling house! Feeling pretty honoured that the "people at the top" chose ME of all people to become the first head of the new house.

Clubs are off to a great start this term with 299 students attending this week! Please encourage your children to sign up. If there is a club they'd like to join which isn't currently active they should speak to their tutors or Mr Horner. Additionally, If a club is cancelled last minute, students should go to the library or another club. Families are not expected to make sudden arrangements to collect their children. (*club list below*)





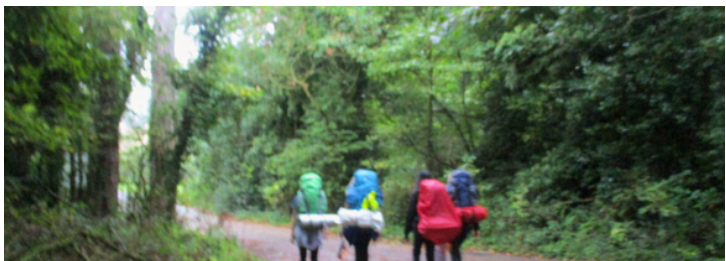
MCS STUDENT SUCCESSES



Congratulations to the Year 8 students who completed a 7 mile sponsored walk in aid of Macmillan Cancer over the summer, raising £1,196 so far! [JustGiving Link](#)



Congratulations to Logan R who rides for Milton Keynes BMX Racing Club. After competing in a recent BMX race series, is now ranked 57th in the UK for his age group!



Congratulations to the students who completed their Bronze Qualify Expedition at Youlbury Scout Camp south west of Oxford last weekend. Enjoying the sunshine and lovely River Thames on Sunday before trudging through the drizzle to finish on Monday. They were all brilliant!



Magdalen Waynflete Scholarship is an opportunity given to the top 15 highest academically achieving students in year 12. This scholarship gives our students the opportunity to produce an academic research project with the guidance of an external university tutor with our sister school in Oxford.

This years cohort achieved an impressive set of results with 3 good passes, 8 merits and an unprecedented 4 Distinctions.

Grace's project with the Bioscience faculty "*Should UK be using Pre-Implantation Genetic testing in the case of polygenic disorder?*" and Freddie's project with English faculty "*How can the effects of Shakespeare's late 'romance' plays better understood by comparison with Early Modern entertainment?*" was awarded a prestigious President Award and Grace and Freddie were invited to MCS Oxford to attend the celebratory dinner.



130%

£1,040
raised of £800 target
by 57 supporters

Well done to Megan who completed the London open water Swim Serpentine 2023 (1mile) in aid of Alzheimer's Society. This was in memory of her grandparents. [JustGiving Link](#)

USEFUL INFORMATION

Work Experience assemblies have started this week and will continue into next week. It's an exciting time to offer a placement! If you can help please contact with details of what you can offer: generalenquiries@magdalen.northants.sch.uk



NSPCC



Online safety for families and children with SEND

We have partnered with Ambitious about Autism to bring online safety tips, advice and activities specifically for parents and carers of children with SEND.

The **NSPCC** has partnered with **Ambitious about Autism** to create FREE online safety resources for families and children with SEND. As part of the process they spoke to parents of children with a range of special educational needs such as dyslexia, autism and speech and language difficulties. Resources [FOUND HERE.](#)



YEAR 7 SOCIAL EVENING
13th October, Waynflete Hall, 6-8pm

FUN FOOD DANCING

MAGDALEN COLLEGE SCHOOL BRACKLEY

Year 7 Social Evening is coming up, please book through ParentPay and ensure you fill out the pizza and important information [GOOGLE FORM.](#)

Fixtures have now started and are off to a great start! We will be sharing results on our Facebook page soon so keep an eye out for that. Gentle reminder, we are not able to accommodate parent spectators due to safeguarding and Health and Safety. Thank you for your understanding and cooperation.



DATES FOR YOUR DIARY

200 CLUB SIGN UP

Before 30th October

Sign up on Parent Pay or email FOMCS.

BAG2SCHOOL COLLECTION

Friday 29th September

Drop off at school reception.

Y7 SOCIAL

Friday 13th October 6-8pm

SHOPPING EVENING

Wednesday 1st November 7-9pm

Can't make it? Why not purchase some raffle tickets?

ADVENT FAYRE

Friday 1st December 6-8pm

Can't make it? Why not purchase some raffle tickets?

WREATH MAKING WITH BLOOMERS OF BRACKLEY

Saturday 2nd December 11am

and Thursday 7th December 7pm

#HelloYellow



WEAR
YELLOW

ON 10 OCTOBER



Replace one item of school
uniform with something yellow!



M&S | YOUNGMINDS

It is World Mental Health Day on Tuesday 10th October. Students will be allowed to replace one item of school uniform with something yellow, this might be a pair of trainers/trousers/jumper/t-shirt. You will be able to make your donation via ParentPay next week. This will go to YoungMinds so they can continue to support young people and their families.

YoungMinds are the UK's leading charity fighting for children and young people's mental health. And they want to see a world where no young person feels alone with their mental health, and all young people get the mental health support they need, when they need it, no matter what. [Visit their website here.](#)



27TH JANUARY -
10TH MARCH
2024

THE
IRONSTONE
ART PRIZE

ENTER NOW

ENTER THE IRONSTONE ART PRIZE 2024

The Ironstone Art Prize showcases the best recent work by artists from this region. Artwork in any medium or mixed media, including paintings, photography, sculpture, ceramics, digital art, glass, textiles and metalwork, will be considered.

A panel of independent judges with professional art backgrounds select work for the exhibition as well as deciding the winners of the Ironstone Art Prize and the Ironstone Under 21s Prize. The winners will be announced at the private view. All artists with work featured in the exhibition will receive invitations to the private view.

Prize money of up to £1,000! **Submit your entries by 12th Oct 2023!**

SILVERSTONE MUSEUM - GIRLS GO FREE!

GIRLS GO FREE THIS OCTOBER! In a bid to inspire girls and young women to consider careers within the motorsport industry, we're offering FREE museum admission to all girls aged 18 years and under throughout October.

Interested in a career in motor sports? It's worth a visit! [More information here.](#)





Enrichment activities – Autumn Term 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| Library → <u>4pm</u> JH | Library → <u>4pm</u> JH Homework club – LS1 – KA | Library → <u>4pm</u> JH Homework club – LS1 – KA | Library → <u>4pm</u> JH Homework club – LS1 – KA | Library → <u>3:30pm</u> JH |
| <p>Details of Food Tech ‘Master Classes’ to follow</p> <p>Science Club starting after Half Term</p> <p>If a club is cancelled at the last minute, students should go to Homework club in LS1, or to the library, unless they can get home safely</p> | <p>Orchestra / Band Practice ♪ W1 – LNS ♪</p> <p>‘Beauty & the Beast’ 🗨️ W2 & Drama studio – SLJ & NDN</p> <p>Y7-9 Coding club <u>Lunchtime</u> – F6 MCP (20 students only!)</p> <p>Y9-11 Netball Wodhams - HLT</p> <p>Y7-10 Rugby St John’s – AWJ & NVK</p> <p>📝 Creative Writing E1 - MCB → <u>4pm</u> <u>WK B Only</u></p> <p>Yrs. 10, 11 & 12 Boys Football Astro - JOW</p> <p>Clubs are for ALL students, unless specified.</p> | <p>Book Club Library -MCB → <u>4pm</u> <u>WK A Only</u></p> <p>Choir Practice 🗨️ W1- LNS & NDN</p> <p>Girls Football (all Years) Astro – ZRP & JES</p> <p>Yrs. 7, 8 & 9 Boys’ Football St John’s field - JAW</p> <p>Y10 DofE Training St John’s - MD</p> <p>Sixth Form Debating Club K6 – ANB (Date TBC)</p> <p>Tabletop Role-playing Club F9 – RTM (starting 4th Oct)</p> | <p>Y7-9 Tabletop Games Club 3 – ALI <u>Lunchtime</u></p> <p>Badminton Sp Hall – CHR <u>Wk A</u> SMT <u>Wk B</u></p> <p>LGBTQIA+ Club W5 – CHR <u>Wk B Only</u></p> <p>Gardening club T4 - GAG</p> <p>♪ ROCK-SCHOOL ♪ W1 – MJC & LNS</p> <p>‘Beauty & the Beast’ 🗨️ W2 & Drama studio – SLJ</p> <p>Girls’ Hockey (all Years) Astro – ZRP & MIH</p> <p>Sixth Form Philosophy Club S1 – DMG</p> <p>Y9 Cookery Club T2 – WT BLH (20 students only!)</p> | <p>Y7&8 Netball Wodhams - MFW</p> <p>Yarn Engineering - not just Knitting! F9 – MPP</p> <p>Y10 &Y11 Dungeon & Dragons D18 - JIB</p> <p>299 students in clubs this week!</p> |

A PLACE TO



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Singing, dancing and acting classes for **4 - 16** year-olds

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SNYE

South Northants
Youth Engagement

VOLUNTEERS

NEEDED!

Just once a month!

SNYE runs youth clubs, activities, events + projects with young people across South Northants.



VOLUNTEERS WILL RECEIVE:

- Enhanced DBS check
- Level 2 Safeguarding Training
- First Aid Training
- Make new friends + become part of a GREAT team!
- Great experience for a job or university application

INTERESTED IN JOINING THE TEAM?

For more information please contact us on...



07816 466134



admin@youth-engagement.co.uk

JOIN OUR CYGNETS RUGBY TEAM



**U12s U14's U16s
and Academy Teams**

**Want to try a new team? -
New Opportunities!
All Girls welcome!
No Experience needed
Come and Have a Go!**

Our core values teach "TREDs"

(Teamwork, Respect, Enjoyment, Discipline and Sportsmanship)

Buckingham Rugby Union Football Club

Floyd Field,
Maids Moreton,
Buckingham
MK181RF

Please Contact
u12cygnets@gmail.com



Get in contact and join the fun



FRIDAY NIGHT YOUTH CLUB

**FRIDAYS
7:30PM-9PM**

BRACKLEY LEISURE CENTRE

AUTUMN TERM PROGRAMME

| | | |
|-----------|--|---|
| 22ND SEPT | GAMES NIGHT / RUGBY TBC | <p>AGE 11-15</p> <p>£2 ENTRY</p> <p>YOU MUST BOOK VIA EVENT BRITE</p> |
| 29TH SEPT | ARCHERY - NAYC GAMES | |
| 6TH OCT | SPAGHETTI & MARSHMALLOW / FOOTBALL | |
| 13TH OCT | WELLBEING / BADMINTON | |
| 20TH OCT | SMOOTHIE MAKING / FOOTBALL | |
| 3RD NOV | HALLOWEEN DISCO | |
| 10TH NOV | GLOW ART TECHNIQUE / BASKETBALL | |
| 17TH NOV | CHILDREN IN NEED - QUIZ NIGHT & BINGO | |
| 24TH NOV | TWISTER/ BADMINTON | |
| 1ST DEC | CHRISTMAS CARDS FOR CARE HOME RESIDENTS | |
| 8TH DEC | CHRISTMAS ACTIVITIES INCLUDING ICING SKILLS AND CRACKER MAKING | |
| 15TH DEC | CHRISTMAS PARTY - KARAOKE AND PARTY GAMES | |

The above is subject to change - Final activities will be posted to our Facebook page

For More Info
admin@youth-engagement.co.uk



What Parents & Carers Need to Know about THE DANGERS OF VAPING

Data collected for ASH (Action on Smoking and Health) shows an increase in 11 to 17-year-olds experimenting with vaping: from 7.7% in 2022 to 11.6% in 2023. It's concerning that these age-restricted products are getting into the hands of under 18s as most contain nicotine, which can be detrimental to brain development and cause long-term addiction. Some schools have reported students having their focus in lessons affected by nicotine cravings; vaping in school toilets; and even trying vapes found in their local park. Raising awareness of the risks among young people could help to prevent these problems from escalating and reduce the number of young vapers.

WHAT ARE THE RISKS?

NICOTINE ADDICTION

Since they were initially developed to help people stop smoking, the vast majority of vape liquids contain nicotine. Not only is this a highly addictive stimulant, but it can also have detrimental effects on brain development in the under-25s. Nicotine can decrease the ability to pay attention, weaken impulse control, affect mood and increase the likelihood of substance addiction as an adult.

WHAT IS VAPING?

Vapes contain a liquid (vape juice/e-liquid) that is heated by a battery and evaporates, creating a chemical vapour which the user inhales. They can be **disposable** (once the liquid or battery runs out, the vape is thrown away) or **rechargeable** (the user replaces the liquid and recharges the battery on demand). Most vape liquids contain nicotine and other chemicals.

LACK OF AWARENESS

A proportion of young people tend to view vapes as harmless, mainly because of the products' appearance and the perception (often strengthened on social media) that "vaping is cool" and on trend. In many instances, young people don't fully appreciate the concept of addiction; that is, they aren't adequately aware of the risk of becoming hooked on nicotine before trying a vape.

POTENTIAL TOXICITY

Many vape liquids have been found to contain 'heavy' metals such as lead, tin, nickel and (in some cases) mercury – all of which are toxic. These metals often take the form of tiny shards inside a device's liquid tank, which are then inhaled into the body. Some media reports have suggested these metals are particularly prevalent in illegally imported vapes which don't comply with UK regulations.

UNCLEAR LONG-TERM CONSEQUENCES

The liquids in vapes also contain solvents, which can create carcinogens at the point of evaporation. Vapes were only introduced into the UK in 2005 – and, because of the relatively short timeframe involved, there is insufficient medical evidence to assess the long-term harms that regular inhalation of these chemical fluids might have on the human body.

ATTRACTIVE PACKAGING

The packaging of many disposable vapes is very appealing to young people, frequently echoing the colours and flavours of the sweets or fizzy drinks they're used to buying. There's a relative lack of regulation around vape marketing, and vaping is often depicted positively on social media – which can lead young people to develop favourable views of vaping and overlook the possible harms.

ENVIRONMENTAL EFFECTS

In the UK alone, around 5 million disposable vapes go to landfill every week. Due to such significant numbers of these products not being recycled, their components – a lithium battery and a chemical liquid – pose a toxic risk to the environment, the ecosystem and wildlife. Vapes are also predominantly made of plastic and metal; materials that, of course, do not naturally decompose.

WIDER HEALTH CONCERNS

Studies are already showing a link between vaping and oral health problems such as tooth decay and gum disease. This is because vaping reduces the amount of saliva in the mouth, while increasing bacteria – resulting in bad breath and a build-up of plaque. There are also concerns that, in some users, vaping could lead to the development of asthma, a persistent cough and breathing difficulties.

UNREGULATED VAPING PRODUCTS

The number of retailers willing to sell vapes to under-18s is a worry, as the chance of these products being unregulated (and therefore containing illegal chemicals and higher levels of nicotine) is high. A related concern is that the mechanisms inside unregulated products are unlikely to have been tested and safety checked – presenting a possible fire risk if the liquid and battery come into contact.

SCARCE INFORMATION

The lack of information about the ingredients and potentially harmful chemicals in a vape is troubling. Some vape fluids (unregulated in the UK) contain traces of nuts, which can cause an allergic reaction or anaphylactic shock. To date, medical warnings aren't required on vape packaging – with only medical disclaimers being found on the websites of the various brands.

VAGUE INGREDIENTS LISTS

Early research has suggested that the chemicals used to produce some strawberry and banana flavour e-liquids can kill cells in the blood vessels and heart. These ingredients aren't identified on the packaging, instead falling under the umbrella term 'natural and artificial flavourings'. Such vague listings mean that consumers aren't aware of the liquid's content so can't identify potential risks.

Meet Our Expert

Run by the Cambridgeshire and Peterborough Healthy Schools Service (Commissioned by Cambridgeshire County Council and Peterborough City Council), Catch Your Breath is a school-based project aimed at young people. Its goal is to embed a proactive, coordinated approach among both primary and secondary schools in discouraging smoking and vaping behaviours.



HEALTHY SCHOOLS
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